



# YMCA INSPIRATION DANCE COMPANY

## 2011-12 Dance Schedule

Time	Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 AM-9:55 AM	Mat Room 3rd Floor		Mommy & Me (Daddy too!)			Mommy & Me (Daddy too!)	
9:30 AM-10:00 AM	Kells Room				Creative I/II		
12:00PM-12:25 PM	Kells Room						Creative I
1:00 PM-1:55 PM	Kells Room						Beginning Ballet/Jazz
2:00 PM-2:45 PM	Kells Room						Pre-Tap
4:00 PM-4:30 PM	Kells Room	Creative II					
4:00 PM-4:55 PM	Kells Room		Ballet for Mod, Jazz, HH Dncrs				
4:30 PM-5:25 PM	Kells Room	Adv Beg Tap / Musical Theater		Adv Beg Modern*	Adv Beg/Int Jazz/Lyrical*		
5:15 PM-6:00 PM	Kells Room		Pre-Hip Hop			Beg Hip Hop I/II class ends at 6:10	
5:30 PM-6:25 PM	Kells Room	Int (Elite) HH*		Beginning HH II*	Ballet I		
6:00 PM-6:55 PM	Kells Room		Beginning HH I			Creative II/III class starts at 6:15	
6:30 PM-7:25 PM	Kells Room	Adv Beg HH*		Fosse Jazz*	Pre-Ballet class ends at 7:15		
7:00 PM-7:55 PM	Kells Room		Ballet II**			Ballet II**	
7:30 PM-8:25 PM	Kells Room			Beg Bdway Jazz/Tap			
	Anderson Room	Boys' Hip Hop					
7:30 PM-9:00 PM	Kells Room	Ballet IV**			Ballet IV**		
	Anderson Room			Int Modern*			
8:30 PM-9:30 PM	Kells Room		Adv Hip Hop*	Teen/Adult Hip Hop			
	Anderson Room	Break Dance					
9:00 PM-9:30 PM	Kells Room	Pointe**			Pointe**		

\* = Some previous dance experience required / \*\* = Class meets 2 times per week. Previous Ballet experience required

**Join Us September 20<sup>th</sup> for the YMCA IDC Open House from 6-8 pm**

503-581-9622 YMCA  
 503-399-2784 Dance Office  
 Email: [inspirationdanceco@yahoo.com](mailto:inspirationdanceco@yahoo.com)  
[www.youry.org](http://www.youry.org)

***BE HEALTHY! BELONG!  
 GET UP AND DANCE!***



# YMCA INSPIRATION DANCE COMPANY

The IDC Dance Program is a 32 week program, beginning on September 26, 2011 and ending on June 2, 2012 with the Y-IDC Dance Recital. Payments for the 32 week program are divided into 8 equal installments. The first installment and the annual \$30 registration fee are due prior to classes starting on September 26. Subsequent installments are due on the first day of each month, November 2011 through May 2012. Prices listed below are per month.

**++ SPECIAL RATE FOR THE SERIOUS DANCER: RECEIVE \$10 OFF EACH ADDITIONAL CLASS FEE AFTER FIRST CLASS PAID AT FULL TUITION RATE! ++**

**Mommy & Me, Creative Dance, Pre-Ballet, Pre-Tap and Pre-Hip Hop:** These fun filled classes teach an understanding of music and rhythm while learning dance basics with an emphasis on either ballet vocabulary, basic tap steps or hip hop rhythms and moves in the Pre-Ballet, Pre-Tap & Pre-Hip Hop classes.

<b>Mommy &amp; Me:</b> ages 6 mos-2 yrs, with parent	Member \$20 / Non-Member \$25
<b>Creative Dance I (CR I):</b> ages 3-4	Member \$30 / Non-Member \$40
<b>Creative Dance I/II (CR I/II):</b> ages 3-5	Member \$35 / Non-Member \$45
<b>Creative Dance II (CR II):</b> ages 4-5	Member \$35 / Non-Member \$45
<b>Creative Dance II/III (CR II/III):</b> ages 4-6	Member \$40 / Non-Member \$50
<b>Pre-Ballet &amp; Pre-Hip Hop (HH):</b> ages 5-6	Member \$40 / Non-Member \$50
<b>Pre-Tap:</b> ages 5-7	Member \$40 / Non-Member \$50

**Hip Hop, Boys Hip Hop, and Break Dance:** Dancers will learn the hottest new street style moves to the best new R&B and Hip Hop songs while focusing on performance skills, flexibility, core strength, stamina and dance technique such as turns, leaps and jumps. Boys Hip Hop and Break Dance focus on learning break dance moves, stalls, tricks, headstands, and flips.

<b>Beg I, Beg I/II:</b> ages 7-12	Member \$50 / Non-Member \$60
<b>Beg II:</b> ages 9-12 (1+ yrs dance exp required for ages 9&10; no prior exp required for ages 11&12)	Member \$50 / Non-Member \$60
<b>Boys HH:</b> ages 8-12	Member \$50 / Non-Member \$60
<b>Break Dance:</b> ages 10 & up	Member \$50 / Non-Member \$60
<b>Adv Beg:</b> ages 10-15 with 2+ yrs dance exp	Member \$55 / Non-Member \$65
<b>Int (Elite):</b> ages 11-16 with 3+ yrs dance exp	Member \$55 / Non-Member \$65
<b>Adv HH:</b> ages 13-19 with 4+ yrs dance exp	Member \$55 / Non-Member \$65
<b>Teen/Adult:</b> ages 12 & up, all levels	Member \$55 / Non-Member \$65

**Modern Dance:** Builds on Ballet technique, incorporates a fluid use of the back with dance phrases moving boldly through space.

<b>Adv Beg:</b> ages 11 & up with 2+ yrs modern or 3+ yrs dance	Member \$55 / Non-Member \$65
<b>Int:</b> (1 ½ hr class) ages 13 & up with 3+ yrs modern or 4+ yrs dance	Member \$65 / Non-Member \$75

**Ballet:** Technique is the foundation of dance! Our ballet classes focus on proper technique, alignment, grace, flexibility and core strength required of a trained dancer.

<b>Ballet I:</b> ages 7-14	Member \$50 / Non-Member \$60
<b>Ballet II:</b> (1 hr class meets 2X / wk) ages 9-14 with 2+ yrs Ballet	Member \$80 / Non-Member \$90
<b>Ballet IV:</b> (1½ hr class meets 2X / wk) ages 14 & up with 4+ yrs Ballet	Member \$100 / Non-Member \$115
<b>Pointe:</b> Approval by Dance Director required	Member \$35 / Non-Member \$45

**Ballet for Modern, Jazz & HH Dancers:** Uses Ballet technique to increase dancer's strength, technique and flexibility for other styles of dance. *Additional enrollment in a primary class required, ages 9 & up.*  
Member \$25 / Non-Member \$35 if taking 1 other dance class per week or free if taking 2+ other dance classes per week. **Approval by Dance Director required.**

**Jazz, Lyrical & Ballet/Jazz:** Classes explore many styles of Jazz – Fosse, funk, contemporary, lyrical – each of these styles combine classic dance technique with innovative ways of movement. Ballet/Jazz class combines a Ballet warm-up with jazz moves in the center.

<b>Beg Ballet/Jazz:</b> ages 8-13	Member \$50 / Non-Member \$60
<b>Adv Beg/Int Jazz/Lyrical:</b> ages 10-16 with 2+ yrs jazz	Member \$55 / Non-Member \$65
<b>Fosse:</b> ages 11 & up with 2+ yrs jazz	Member \$55 / Non-Member \$65

**Musical Theater/Tap & Jazz/Tap:** Students learn rhythmic basics and learn dance routines set to popular Broadway songs.

<b>Beg Broadway Jazz/Tap:</b> ages 7-12	Member \$50 / Non-Member \$60
<b>Adv Beg Tap/Musical Theater:</b> ages 8-13 with 1+ yrs tap suggested	Member \$50 / Non-Member \$60