



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Swim Lessons SALEM FAMILY YMCA



## Program Information

### Winter & Spring 2012

#### 5 week session dates

**January 16 – February 16**

Non-member reg starts Dec 14

**February 20 – March 22**

Non-member reg starts Feb 15

**April 2 – May 3**

Non-member reg starts March 21

**May 7 – June 7**

Non-member reg starts May 2

#### 10 Week Session Saturdays

**January 21 – March 24**

Non-member reg starts Dec 14

**April 7 – June 9**

Non-member reg starts March 21

#### 10 Week Session Tuesdays

**January 17 – March 20**

Non-member reg starts Dec 14

**April 3 – June 5**

Non-member reg starts March 21

## Registration

Register online at [www.youry.org](http://www.youry.org), over the phone at 503-399-2755 with a credit or debit card or in person at the Salem Family YMCA.



### Parent/Child 6 months-3 years

This class emphasizes water safety, water adjustment, movement, exploration, songs, games and FUN!

#### Five Week Session Times

M/W 10:00 am – 10:30 am

T/TH 11:15 am – 11:45 am

T/TH 6:00 pm – 6:30 pm

#### 10 Week Session Times

Saturday Only 9:30 am – 10:00 am

Saturday Only 11:15 am – 11:45 am

### PERS Pre-School 3-5 years old

(Pike, Eel, Ray, Starfish)

#### 5 Week Session Times

M/W 9:00 am – 9:30 am

M/W 5:15 pm – 5:45 pm

T/TH 10:00 am – 10:30 am

T/TH 4:45 pm – 5:15 pm

T/TH 6:30 pm – 7:00 pm

#### 10 Week Session Times

Saturday Only 10:45 am – 11:15 am

Tuesday Only 1:00 pm – 1:30 pm

*Student to Teacher Ratio 5:1 or better*

### Polliwoq/Guppy

#### (Beg/Adv Beg) 6-14 years old

#### 5 Week Session Times

M/W 4:30 pm – 5:15 pm

T/TH 10:30 am – 11:15 am

T/TH 5:15 pm – 6:00 pm

T/TH 7:00 pm – 7:45 pm

#### 10 Week Session Times

Saturday Only 10:00 am – 10:45 am

Tuesday Only 1:30 pm – 2:15 pm

*Student to Teacher Ratio 8:1*

### Minnow/Fish/Flying Fish/Shark

#### (Int/Advanced) 6-14 years old

#### 5 Week Session Times

T/TH 10:30 am – 11:15 am

T/TH 4:30 pm – 5:15 pm

T/TH 5:15 pm – 6:00 pm

T/TH 7:00 pm – 7:45 pm

#### 10 Week Session Times

Saturday Only 10:00 am – 10:45 am

Tuesday Only 1:30 pm – 2:15 pm

*Student to Teacher Ratio 8:1*

**Private Lessons** – 30 minute private lessons are available.

**Swim Team** - Love to swim? Join our Swim Team, a fun way for kids 6-18 years to advance their skills and prepare for competition.

For more information on YMCA Aquatics programs please call:

**503-399-2792 Aquatics Department**

**503-581-9622 YMCA**

## Cost

### *Parent/Child*

Members: \$25

Non-Members: \$45

### *5 & 10 Week Sessions*

Members: \$30

Non-Members: \$60

### *Private Lessons*

Members: \$15 per ½ hour

Non-Member: \$25 per ½ hour

**685 Court Street NE, Salem, OR 97301** [www.youry.org](http://www.youry.org)